

Forest	Spirit Light	Spirit Tree	Environment	Ability	Creature of Darkness	Spirits
Friol	Seiv	Coconut Palm	Tropical Archipelago	Blink	Sharks	Friolan spirits are carefree and relaxed, but adventurous by nature. They adopt the constant changes of their forest.
Nibel	Sein	Oak	Temperate Forest	Charge Jump	Serpents	Nibeli spirits are diverse, but universally resolute in the face of adversity.
Noiton	Seim	Mangrove	Rainforest	Soul Link	Panthers	Noiton Spirits maintain the balance of nature, embracing all life in their dark, forest home.
Niwen	Seir	Olive	Wetlands	Light Burst	Owls	Niweni spirits' perilous history has taught them to respect all forms of life and to always be ready to combat the Decay, should it arise.
Kainar	Seil	Baobab	Savannah	Spirit Ignition	Hyenas	Kainari spirits are inventive, alacritous, and open to technological progress.
Altum	Seid	Spruce	Taiga	Spirit Swoop	Wolves	Hardy and stubborn, the spirits of Altum are shrewd navigators of their icy mountain home.
Hoa	Seip	Sakura	Blooming Valley	Light Mirage	Foxes	The scholarly spirits of Hoa prize intellect and harmony. They cultivate the blossoming valley

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